

B.A. Psych010kY

Program Outcomes:

PO s 1: Current running program are so design that help students to understand foundation of the scientific understanding of behavior and mental processes and promotes mental wellness.

PO s 2: Course broadly covered the sustainable introduction i.e. the basic psychological process includes learning, thinking, memory, perception, personality, attitude, aptitude, intelligence, personality, social influence on behavior (Social Psychology) and development of emotion, cognitive throughout life span(Developmental Psychology) and Psychometric.

PO s 3: The range of classes provide biological influences on behavior individual difference in many psychological processes like cognitive and non- cognitive processes.

PO s 4: An experimental approach is common to all students in their respective classes and psychological and statistical methods are studies in their own right.

Program Specific Outcomes

PSO s 1: Base of knowledge: the domains of psychology in order to prepare for forthcoming programs like post programs in various disciplines of psychology like counseling psychology etc.

PSO s 2: Research discrimination: students interpret research methods used to examine and interpretation of human behavior both basic (theoretical) and applied (practical).

PSO s 3: Practical knowledge: practical knowledge in the field of psychology visiting and learning fields' goals like areas of organization, hospitals schools etc.



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COURSE OUTCOMES

CC-1: FOUNDATIONS OF PSYCHOLOGY

The basic objective is to enable students to understand the basic psychological processes and their applications in everyday life. The main topics covered are:

Unit 1: Introduction: Psychology: a science and a perspective, origin and development of psychology, Indian Psychology, methods.

Unit 2: Cognitive processes: Perception, nature of perception, laws of perceptual organization, learning conditioning, observational learning; memory-processes, information processing model, techniques for improving memory.

Unit 3: Motivation and Emotion: Motives: biogenic and sociogenic Emotions: aspects of emotions, key emotion.

Unit 4: Personality and Intelligence: Personality: nature, theories (Freud, Allport)

Intelligence: nature, theories (Spearman, Gardner)

Practicum: One experiment and one test to be done on any two topics from the syllabus – 1. Memory-Whole Vs Part Learning Method 2. Intelligence

CC-2: INTRODUCTION TO SOCIAL PSYCHOLOGY

Objective: To understand the basics of social psychology and to understand the individual in the social world.

Unit 1: Introduction: Brief history of social psychology (special emphasis on India), Scope of social psychology, levels of social behavior, approaches towards understanding social behaviour.

Unit 2: Individual level processes: Attitude: formation, change and resistance to change.

Unit 3: Interpersonal processes: Interpersonal attraction, prosocial behavior, aggression.

Unit 4: Group dynamics: Key aspects of groups (Structure, Function and Types of groups), cooperation and conflict.

Practicum: 4 practical classes per week/per group 1. To determine group cohesiveness of a small group (by Sociometric method) 2. Influence of group on individual behaviour.

CC-3: PSYCHOLOGICAL DISORDERS

Objective: To develop an understanding of the various psychological disorders and their treatment.

Unit 1: Basic Concepts: Definition and criteria of abnormality, classification, Diathesis Stress Model.

Unit 2: Theoretical perspectives: Biological, familial, cultural, behavioral, Cognitive and psychodynamic.

Unit 3: Clinical features: Generalized Anxiety Disorder, Obsessive compulsive disorder, Major Depression, Bipolar I disorder and Schizophrenia: According to current Nomenclature (DSM)

Unit 4: Treatment of disorders: Psychological treatment: Basic tenets of Psychoanalytic therapy, Behaviour therapy

Practicum: 4 practical classes per week/per group – 1. On Anxiety: State Trait Anxiety Inventory 2. On Stress : Stress Life Event Scale (Holmes and Rahe, 1967)

CC-4: STATISTICAL METHODS AND PSYCHOLOGICAL RESEARCH

Objective: To introduce basic statistical methods, psychological testing and Qualitative methods and their uses.

Unit 1: Introduction: Scales of measurement, graphical representation of data (Frequency Polygon, Histogram, Bar Diagram and Pie Chart).


Unit 2: Data analysis: Measures of central tendency: Mean, median, mode (properties and computation). Standard deviation: properties and computation.

Correlation: Pearson method.

Unit 3: Psychological Testing: Introduction to psychological testing, characteristics of test, Reliability, Validity, Norms, standardization, types of tests.

Unit 4: Qualitative methods – Difference between qualitative and quantitative Analysis.




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